

Williams powers up the rankings as Mooney takes third



Good job: Lauren Mooney performed well

NINE-year-old Eve Williams showed her mettle in moving herself 12 places up the rankings to take silver with a storming swim in the 200m breaststroke at the third weekend of the Surrey Championships.

Her Box Hill team mate Lauren Mooney, 15, powered her way to a bronze medal in the same event.

Another gold medal for nine year old Tabitha Read-Cayton who came from behind in an exciting race where the lead changed hands no fewer than four times.

Read-Cayton currently leads the table for top girl in her age group.

For the remainder of the Box Hill team it was a story of what might have been as between them they registered seven fourth place finishes just tenths of seconds from a medal position.

Tilly Houston, 11, added yet another regional qualifying time to her collection by improving five seconds on her 100m backstroke entry time.

Houston was seven seconds faster in the 100m individual medley but had the disappointment of being disqualified in the 200m breaststroke for a one handed touch at the turn, with another

disqualification coming in the 100m individual medley for 10-year-old Samantha Terry.

"These were both brilliant swims achieved in lifetime bests but they were adjudged to have broken the rules and that's how it goes", said Coach Conrad Cawley.

Personal best times for Celia Byatt and much improved Chloe Smale added to the overall team success.

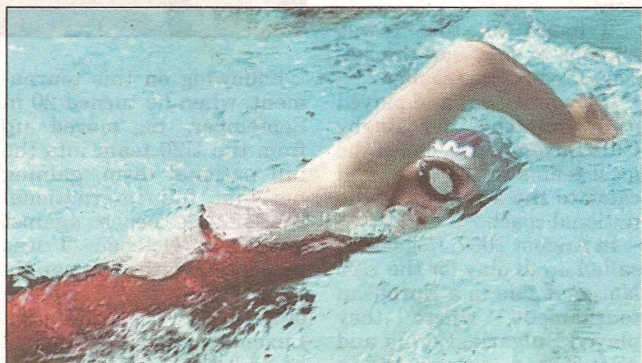
"We are steadily accruing points and quietly moving up the rankings", added Cawley.

Other fine swims came from Abbie Regelous fourth in both 100m and 200m breaststroke, Jenny Ball fourth 100m individual medley and yet another fourth place in 100m backstroke.

Josephine Truelove, Zoe Lyon and Fiz Skilton continue to perform well and improve on their entry times.

The 2007 County Champion in 200m butterfly Ben Smith, 11, found it tough going and could only manage sixth place this year.

Box Hill have 16 relay teams entered as the Championships draw to a close next weekend with the individual sprint events and the relays.



Star turn: Eve Williams was the pick of Box Hill's swimmers

Mooney shines in Surrey Championship



Swimming

One of the Championship highlights for Box Hill was the performance of nine-year-old Eve Williams.

She showed her mettle by moving up 12 places in the rankings by taking silver in a storming 200m breaststroke.

Team-mate Lauren Mooney, 15, kept up the standard by powering her way to bronze in the same discipline with her best time for 18 months.

There was another gold too for Tabitha Read-Cayton, nine, who leads the top girl points table in her age group.

PBs from Celia Byatt and much-improved Chloe Smale added to the overall Box Hill success.

Coach Conrad Cawley said: "We are steadily accruing points and quietly moving up the rankings."