

# Reed's double puts her into Nationals



**Great form:** Millie Reed completed a fantastic bronze double in the breaststroke

**BOX Hill star** Millie Reed swam a brilliant double to take bronze medals in both the 100m and 200m breaststroke events at the South East Regional Championships at K2 last weekend.

The icing on the cake came in the 100m event when 11-year-old Reed swam to a national qualifying time, a feat she could not quite duplicate in the 200m missing out by just two seconds.

Zoe Lyon, also 11, proved once again what a gutsy competitor she is by moving up the rankings with a lifetime best swim in the 200m freestyle.

Team mates Tabitha

Read-Cayton and Eve Williams competed well but were outside their best times.

Meanwhile at the Cranleigh Open meet Jenny Ball, 15, and Fiz Skilton, 14, were in fine form and collected 12 medals between them including five gold. Ball won top girl in her age group while Skilton was placed third.

The Box Hill swimmers will be getting their heads down to some serious training over the next few weeks in preparation for meets at Leatherhead, Haslemere and the National Championship at Ponds Forge in Sheffield for Reed.