

# Ball shines at Brighton Open



**Lone star:** Jenny Ball scooped four medals at Brighton Open

**BOX Hill Swimming Club** made a quiet start to the season sending just one swimmer to the Brighton Open meet.

However, 13 year-old Jenny Ball did not disappoint and returned triumphant with one bronze and three gold medals from her four swims.

Although they were all lifetime best times the best of the four came in the 50m freestyle where she shaved 0.8 of a second off her entry time.

Ball and the rest of the Box Hill Swim squad are presently hard at work preparing for the up and coming meets in

November and early December where they hope to improve times for entry to the 2008 Surrey County Championships.

Chances of success have much improved with the introduction of an extra two hour training session each week.